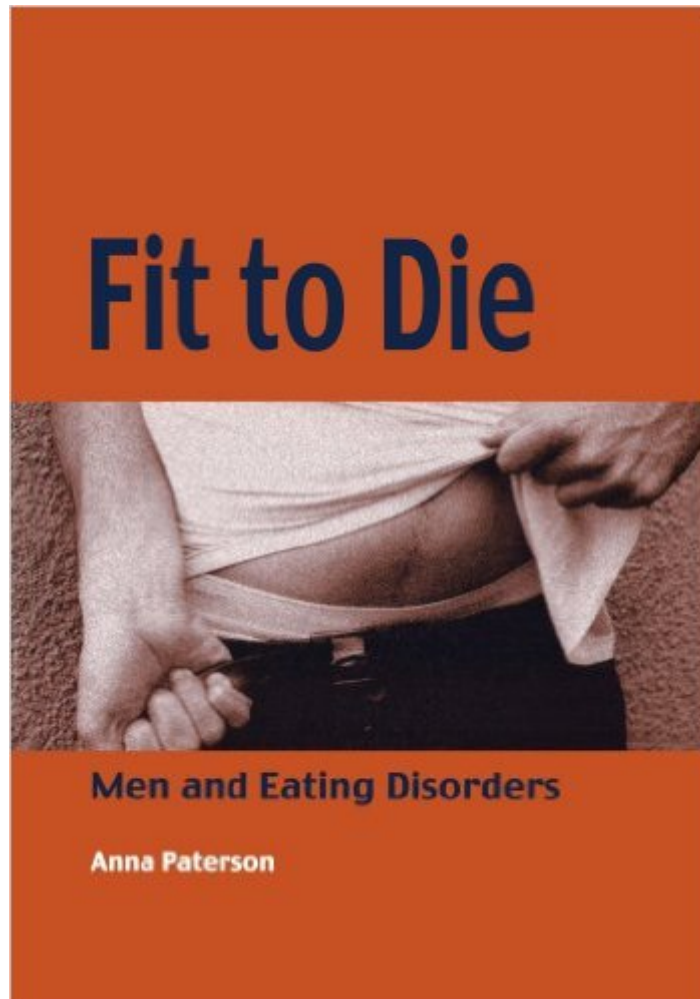


The book was found

# Fit To Die: Men And Eating Disorders (Lucky Duck Books)



## Synopsis

'This is a book that will be useful to carers, helping them understand the issues that affect male sufferers and some of the barriers they will have to break down in order to recover. It will also reassure men affected by an eating disorder that they are not alone, their problems are understood by medical professionals and that recovery is possible' - Signpost

## Book Information

Series: Lucky Duck Books (Book 952)

Paperback: 122 pages

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Product Dimensions: 7 x 0.3 x 10 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #574,527 in Books (See Top 100 in Books) #65 in [Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Diet Therapy](#) #572 in [Books > Health, Fitness & Dieting > Mental Health > Eating Disorders](#) #1347 in [Books > Textbooks > Social Sciences > Psychology > Psychopathology](#)

## Customer Reviews

If you have a male loved one suffering from an eating disorder, this book is an important one to read. Finding literature directly addressing the male with an eating disorder is difficult to find. Male eating disorder sufferers are under the radar both medically and in society in general. This book gives insight. I discovered this book in a list of recommendations on a website specifically about men with eating disorders. As a mother, this book was helpful.

Easy to read and comprehend. Valuable information.

The book met my expectations.

I was interested in buying this book as I own three of her others. I think well of her as she has managed to recover and always seems to offer supportive advice for anorexic sufferers and their

families.

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